

Cynthia Fimbrez

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Registered Nurse

PROFESSIONAL SUMMARY

- Highly motivated and results oriented RN with more than 30 years leadership experience in an acute care setting
- Direct oversight of a 104-bed medical telemetry unit and surgical unit; responsible for annual budget development for 118 FTEs, capital expenditure, survey readiness, compliance with Arizona State Board of Nursing scope and practice & standards, and state rules and regulations and licensure
- Analyzed and implemented successful workflow system improvements to increase efficiencies, control costs, and improve patient care outcomes
- including the national patient safety goals
- Planning and steering committee member for selection and implementation of EMR

EDUCATION

- 12/1979 Pima Community College of Nursing, Tucson, Arizona Associate Science of Nursing
- 1/2012 Old Dominion University Bachelor of Science in Nursing (Sigma Theta Tau)

CERTIFICATIONS

- ACLS, PALS, Chemotherapy and Mediations/Negotiation facilitation

PROFESSIONAL AFFILIATIONS

- Arizona Organization of Nurse Executives
- Arizona Nurses Association-Northern Chapter

WORK EXPERIENCE

- September 1973 to 1983 - Various RN positions in acute care including maternal child services, pediatrics, correctional nursing and medical/surgical nursing. Charge Nurse positions from 1976-1983
- June 26, 1983 – 2012 Unit Director 4th Floor
January 2012 –2015 – Appointed to Unit Director position for the 3rd & 4th Floors, Yavapai Regional Medical Center, Prescott Arizona

KEY RESULTS

- Aided and enriched strategies for successful DHS/CMS surveys
- Led multidisciplinary groups responsible for development, training and implementation of a pilot program for alcohol withdrawal protocol. Launched successful pilot with measurable results for patient care and time, ending with successful adoption by all medical staff
- Introduced concept of care maps and evidence-based practice to medical staff achieving approval for a heart failure care map
- Coordinated care map implementation in targeted patient care areas.
- Designed quality indicators for multiple performance improvement projects, including staff development in order to meet standards
- Promoted to unit director for post-surgical unit in addition to holding 4th floor Unit Director position
- Communicated directly with and assisted orthopedic physicians with plans to open new orthopedic unit
- Developed, coordinated and participated with staff training of EMR and nursing skills needed for mixed patient population
- Purchase of equipment, remodeling of rooms for orthopedic patients, and built a cost-effective budget to open an orthopedic unit within the post-surgical unit. Ortho unit fully opened and functional within time as interim director
- Developed quality indicators for orthopedic unit during my time as interim unit director

References on Request

Addendum

- Substitute for North Point Academy high school and middle school, as needed
- Volunteer for Dignity Healthcare Vaccination Clinic as vaccinator administering vaccinations to community members. Duties also included the pharmacy/counsel table to provide education on vaccine and side effects to community members.